



COOMBE HILL INFANTS' SCHOOL

Learn together, grow together

Friday 23 February 2024

Dear Families,

It has been great to see so many parents attending the parent progress meetings this week, we hope that you have found them useful. The information booklets which were shared with some of you will be available on our website soon. We aim to see 100% of our families so if you were unable to make the appointment we will be in touch with you to hopefully rearrange a time for you to talk about your child's progress and how you can support their learning at home.

This week we have been thinking about how we can be ready to learn, supported by Piglet. The focus has been on good listening so that we are prepared for the learning. Please talk to your child about this at home. Next week we will think about Winnie the Pooh and being Respectful. Winnie the Pooh is **RESPECTFUL** and the Golden Rule is "We are gentle, kind and helpful". Winnie the Pooh teaches us how to share, work with others and think of the feelings of others.

How parents can help

Encourage children to...

- say please and thank you
- open the door for others
- take turns in games and conversations
- listen to others

Our PSHE theme for this half term is "Healthy Me". In the assembly on Monday we thought about healthy choices. We use the Jigsaw theme to deliver these lessons, please check on our website for more information.

Night Owls visit to the school - Thursday 29 February

We are very much looking forward to next week's school visit from the Night Owls Bird of Prey demonstration team. This visit connects to Science week in a few weeks time. There will be a talk for the children about the owls followed by a flying display session in the Hall. The children will then be given the wonderful opportunity to have their photograph taken with a beautiful Barn Owl, Whisper, which will be a lovely souvenir of a great experience for the children. You will be given the chance to buy the photographs should you wish, they will be £10 for a 7x5 photo with a mount. There is no obligation for you to buy these photographs, and please do not send in money before the visit, we will let you know how to purchase the photographs afterwards.

Dad's (and all male carers!) breakfast next Friday morning

We warmly invite your children to come into school a little early next Friday (1 March) morning with their dads, granddads, uncles, older brothers, or any other important male carers in their lives. We will be serving tea, coffee, orange juice and pastries in the hall for you to enjoy a breakfast together. Please come along, via the main school office, any time from 8.00am until the children go into their classrooms at 8.40am (please take them straight to their classroom from the Hall at 8.40am). We hope to see many of you there.

Award-winning poet/author, Neal Zetter, is visiting our school on Tuesday 5 March.

You may buy copies of his books if you wish:

- **by ParentPay until 28 Feb. Your purchased books will be dedicated to your child* and signed by Neal the author**

* (Neal will write your child's name as it appears in your ParentPay account. If you wish Neal to write a different name, buy your book from him in person instead after school on 5th March)

- **or see him after school in the playground on 5th March**
(cash or card only)



All books are for reading ages 6-12 years, but younger children will enjoy many of the poems if they are read to them.

£9: (NEW! NEW! NEW!) The Shape of Rainbows. My first mixed-themed poetry book since 2016 has something for everyone: *Peanut Butter Nutter*, *Police Car*, *Two Mums*, *Living Next Door to a Viking*, *Bad Smells* and *The Day I Ate My School* are just a few of the titles you'll find inside it.

£8: The Universal Zoo (The Conservation Place at the Far End of Space). Fifty funny and a few sad poems – wonderfully and comically illustrated - about a menagerie of mysterious endangered alien creatures all cared for by the robotic Keeper in this special place, a long way from Earth.

£9: When the Bell Goes (A Rapping, Rhyming Trip through Childhood). Jam-crammed with fifty comical poems, plus jokes and silly facts, about Neal's (and your) journey through childhood, school days and growing up.

**Neal's website: cccpworkshops.co.uk
Twitter: @nealzetterpoet**

Meet our new [Rights Respecting Schools](#) Ambassadors

Our RRS Ambassadors are responsible for helping all children understand their rights including

- the right to fresh water, food and shelter
- the right to education
- the right to play

They know these rights are important for our wellbeing. We had a lunch meeting this week to start writing a Play and Learning Charter and we will share this with you soon.



Update on our OPAL Outdoor Play And Learning project (with CHJ)

Despite the terrible weather this week, the children are really enjoying playing in the different playground zones. Our Log Cabin is a wonderful place to play and create. The Log Cabin Garden is great fun - wellies are needed! Our Play Zones so far (Feb 2024)

1. The Adventure Playground
2. The Reading House - a quiet space with books
3. The Log Cabin - a creative space
4. The Log Cabin Garden - digging and mud kitchen
5. The Stage - singing, dancing, listening to music
6. The Sail - small world play



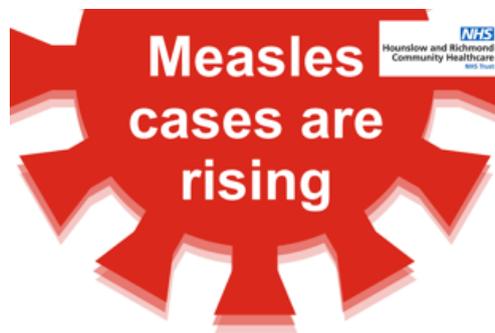
Thank you for your donations. We are looking for [small world toys - dinosaurs, cars, animals, trains, trucks, natural building blocks etc](#) cable reels, pallets, kitchen utensils like pots, pans, wooden spoons, spatulas etc Thank you for your help! For more information about OPAL see www.outdoorplayandlearning.org.uk



MMR vaccinations and rise in measles

We have been asked by the Kingston schools healthcare team to let you know that there is currently a spike in measles cases across the UK, and a few cases in local schools. The MMR/Polio team are running a series of clinics in the Borough to vaccinate all school age children who are missing one, or both doses of the MMR vaccine. The following sessions are being held soon, most locally, but please check the link for the full list of clinics [HRCH Children's Immunisations webpage](#):

- **Thursday 29 February** - St Saviours Church Hall, SW20 9DL - 3 - 6pm
- **Thursday 7 March** - St Saviours Church Hall, SW20 9DL - 3 - 6pm
- **Thursday 28 March** - Kingston Library - 3 - 6pm



Is your child fully protected?

Your child needs two doses of the MMR vaccine to be fully vaccinated against measles, mumps and rubella.

To book an appointment, call 020 8487 1730



For further information see the following links:

MMR information leaflet - [MMR information leaflet](#)

Measles information from the British Islamic Medical Association - [BIMA Measles information](#)

Rock up to read !

Come in and read with your child every Friday from 8.15am

Rock up to Read

Each Friday we continue to open the ICT suite from 8.15am so that you can come in and read with your child, please come in via the blue gate (code 9876). We hope that this will be a lovely way for you and your child to start the day together. Please take your child to their class at their normal starting time afterward.

Cake sales and bags

Thank you to everyone who continues to help make the Friday cake sales a success in organising them, helping, donating, clearing up, and buying the cakes of course, all of the money raised is put to such valuable use in the classrooms. After Easter please bring your own bags and boxes to the Friday cake sales to take your cakes and treats home in, we would like to reduce the amount of bags we are using and to make the school cleaner and tidier. Thank you for your support with this.

Change of address/contact details

We must always have up to date contact details for you, including your home address. If these change please make sure that you let the School Office know.

Pupil Premium Grant

When your child was admitted to the school we checked their eligibility for the Pupil Premium Grant. Please get in touch with us if your financial circumstances have changed since your child's eligibility was checked and you think you may now be eligible. Please complete the attached link and your status will be re-assessed <https://forms.gle/yrUZKUVsunMns7yc9>.

Spring term - Important dates

A reminder of the events we have planned for the Spring term, please read and note these, further dates may be added throughout the term and we will let you know.

Community and other information

We hope you find the following information useful:

- **Parenting courses - "Practical Ideas for Happier Living"**
We have had really good feedback from parents about this FREE "Practical Ideas for Happier Living" and now they have a taster session.
"This hugely popular and successful course has been written in conjunction with Action for Happiness. Modern life often leaves us feeling anxious and exhausted due to family challenges, work pressures and worries about the future. Whatever our situation, there are practical things we can do to be happier and to cope better when things go wrong. This course will help you with tips and techniques to maintain good mental health and wellbeing and allow you to cope better with life's many challenges.
Either try a 90 minute Taster session or sign up for one of our 5 week courses. There is NO CHARGE for either the tasters or the courses". For full details go to <https://bit.ly/KAE-CSWnewsFeb24>.
- We are pleased to share with you the programme for **Kingston Children's Centres** for the second half of the spring term: <http://tinyurl.com/Spring2-2024>. This may be useful to families who have children under 5.
- Achieving for Children are running four **Parenting workshops** at Chessington Children's centre (KT9 1JE) covering various topics on the following dates:
 - **Your Wellbeing** – Thursday, February 29, from 10 am to 12 pm
 - **Child Development** - Thursday, March 7, from 10 am to 12 pm
 - **Routines, Choices and Consequences** – Thursday, March 21, from 10 am to 12 pm
 - **Parenting Toolkit** – Thursday, March 28, from 10 am to 12 pm

These workshops are particularly beneficial for parents with children up to the age of five, and parents can choose to sign up for as many workshops as they find relevant
<https://forms.gle/1314oKc96KDdeqWYA>.
- **HENRY Healthy families programme** - please find a flyer at the end of this newsletter with details of the HENRY programmes which aims to support families in the Borough with a healthy lifestyle with a free online 8 week programme starting next week. Joining the programme also entitles you to a free weekly recipe meal kit. To register go to this link: <https://forms.office.com/Pages/ResponsePage.aspx?id=zb3fDnScB0i--qy39bzPPUorWuL3ZFMmZzJEhDH96dUMk04Mfc3S1BYQ01BNEZVSTJWVTZITTE3RSQIQCN0PWcu>
- **Royal Academy "Young Artists' Summer show"** - registration is now open until 27 March 2024. Some of you and your children may be interested in entering the Royal Academy's summer show. In recent years two children from the school have had their work displayed in the exhibition which was a wonderful achievement. You can enter via <https://youngartists.royalacademy.org.uk>, our school is registered.

Wishing you an enjoyable weekend.

Warm regards

Janet Berry

Safeguarding

Safeguarding our young children is our priority and all staff are trained to keep children safe. However, safeguarding is everyone's responsibility and if you are concerned about a child or young

person please call children's services on 020 8547 5008. The South London CAMHS Crisis Line for both children and adults can be reached on 0800 028 8000.

Parenting Workshops



Thursdays 29 February, 7 March, 21 March,

28 March, 10-12pm

Chessington Children's Centre, Buckland Road, Chessington, KT9 1JE

Parenting can be challenging for everyone. Take some time to connect with fellow parents, exchange stories, and gain valuable insights that might simplify your journey. We are organising four workshops, each focusing on various topics, tailored especially for parents with children aged 0-5. Please register for the sessions that might interest you. Topics include:

Your Wellbeing – Thursday 29 February, 10-12pm

Child Development - Thursday 7 March, 10-12pm

Routines, Choices and Consequences – Thursday 21 March, 10-12pm

Parenting Toolkit – Thursday 28 March, 10-12pm

Booking link:

<https://forms.gle/1314oKc96KDdeqWYA>

Contact: 020 8397 2006/ 07784 006661

Siobhan.meacher@achievingforchildren.org.uk



HENRY Newsletter for Parents

February 2024



Update from Kingston's HENRY Coordinators

Hello from the Kingston HENRY Team, and a warm welcome to the next edition of the HENRY newsletter. HENRY continues to grow within Kingston and we are delighted to be able to offer FREE Healthy Families Group programmes and workshops.

Space left on our next online programme! We still have some space on our online 8-week programme on Thursday mornings. Further details are below.

Brite Boxes: A reminder that all parent/carers who attend a HENRY programme can access 6 Brite Boxes for FREE. BRITE Box is a weekly recipe meal kit which contains all the ingredients for a family to prepare and cook a healthy, balanced meal together.



What is HENRY all about?

We know that everyone wants the best for their children, but it can be hard to ensure a healthy lifestyle for the whole family. The HENRY team offer 8-week programmes and one-off workshops for parents and carers of children between 0-12.

HENRY is for everyone, and topics covered include understanding children's behaviour, setting boundaries, parent wellbeing, healthy lifestyles, supporting children eating a wide range of foods, screen time, being active, family routines, sleep, self-esteem, and much more.

The programme and workshops are **FREE to attend for parents/carers** of children attending Kingston Schools. You can self-refer by clicking [here](#) or via the QR code or to find out more please feel to email us on henry@yourhealthcare.org

Upcoming HENRY Programmes and workshops

Healthy Families Growing up (5-12's) Programme - Online

Venue: Online

Day/Time: Thursdays 10am-11.15am

Dates: 29th Feb – 2nd May 2024

Break: 2 week break for Easter holiday

Interested in attending or want to find out more? Use this QR code to fill out the referral form and a member of our team will be in contact.



Healthy families

- **What do parents say who have already accessed HENRY?**
- I enjoyed that I was not being 'told what to do', but instead we had discussions around what would work for my family.
- The possibility to talk and listen with other parents, getting ideas to cope with difficulties.
- The food boxes are brilliant

[yourhealthcare](#)